AGES 4–8 · 12 WEEKS · 36 SHORT LESSONS

Islamic Studies Curriculum

مَنْهَجُ الدِّرَاسَاتِ الإِسْلَامِيَّةِ

Child's name _____ Start date _____

How it works

1. Each week has three short lessons, three activities, one dua and one Qur'an goal.
2. Teach one lesson on three days; use the other days for the activities and review.
3. Tick the boxes at the bottom of each week. The certificate is at the end.

Our approach

We begin with tawheed, as every prophet did, and teach from the Qur'an and authentic Sunnah upon the understanding of the Companions. Activities use nature, objects and patterns only, with no drawing of people or animals. Every dua has its source.

The 12 weeks at a glance

Wk	Topic	Title	Qur'an goal	Dua
1	Aqeedah	**Who is Allah?**	Surah Al-Ikhlas	Seeking knowledge
2	Aqeedah	**Tawheed: worship Allah alone**	Surah Al-Fatihah (with its meaning)	For all good
3	Seerah	**Our Prophet Muhammad ﷺ**	Surah Al-Kawthar	After wudu
4	Aqeedah / Fiqh	**The five pillars of Islam**	Surah An-Nas	When worried
5	Fiqh	**Learning to pray**	Surah Al-Falaq	Entering the masjid
6	Fiqh	**Purity and wudu**	Surah Al-Ikhlas (review)	After wudu
7	Manners	**Good manners (adab)**	Surah Al-'Asr	Before eating
8	Manners	**Kindness and helping others**	Surah Quraysh	For my parents
9	Manners / Aqeedah	**Gratitude (shukr)**	Surah An-Nasr	Saying thank you
10	Qur'an	**The Qur'an, the words of Allah**	Surah Al-Fatihah (review)	Seeking knowledge
11	Seerah / Manners	**The masjid, the house of Allah**	Surah Al-Ma'un	Entering the masjid
12	Review	**Review and celebration**	Review all surahs	Seeking knowledge

WEEK 1 · AQEEDAH

Who is Allah?

01

Your child will learn

- Allah is our Lord who created everything
- We worship Allah alone
- Allah is One and nothing is like Him

Three short lessons (10–15 minutes each)

LESSON 1

Allah created everything

Look around: the sky, the sea, the trees, you and me. Allah made all of it (Al-Baqarah 2:29).

LESSON 2

Lā ilāha illallāh

It means none has the right to be worshipped except Allah. It is the most important sentence.

LESSON 3

Allah is One

Read Surat al-Ikhlas together: He is One, nobody is like Him.

Activities

- [ ] Nature walk: collect leaves, stones and flowers and say "Allah made this"
- [ ] Say Lā ilāha illallāh together and clap its rhythm
- [ ] Make a 'Allah created' collage of the sky, sea, plants and fruit

Qur'an goal

Surah Al-Ikhlas

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ قُلْ هُوَ ...

Dua of the week

SEEKING KNOWLEDGE

رَبِّ زِدْنِي عِلْمًا

Rabbi zidnī ʿilmā

My Lord, increase me in knowledge.

Before learning or studying · Ta-Ha 20:114

- [ ] Lessons done
- [ ] Activities done
- [ ] Dua learned
- [ ] Qur'an goal

WEEK 2 · AQEEDAH

Tawheed: worship Allah alone

02

Your child will learn

- Every prophet called to worship Allah alone
- Dua is worship, so we ask only Allah
- Allah sees and hears everything

Three short lessons (10–15 minutes each)

LESSON 1

The call of every prophet

"Worship Allah and avoid false gods" (An-Nahl 16:36).

LESSON 2

We ask only Allah

"When you ask, ask Allah" (at-Tirmidhi 2516). Practise asking Allah for small things.

LESSON 3

Allah sees and hears

As-Samīʿ and Al-Baṣīr: He hears our dua and sees what we do.

Activities

- [ ] Dua jar: write things you want to ask Allah for
- [ ] Sort cards: things only Allah can do / things people can do
- [ ] Learn two Names: As-Samīʿ and Al-Baṣīr

Qur'an goal

Surah Al-Fatihah (with its meaning)

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ …

Dua of the week

FOR ALL GOOD

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Rabbanā ātinā fid-dunyā ḥasanatan wa fil-ākhirati ḥasanatan wa qinā ʿadhāban-nār

Our Lord, give us good in this world and good in the Hereafter, and protect us from the punishment of the Fire.

The dua the Prophet ﷺ made most often · Al-Baqarah 2:201 · al-Bukhari 6389

- [ ] Lessons done
- [ ] Activities done
- [ ] Dua learned
- [ ] Qur'an goal

WEEK 3 · SEERAH

Our Prophet Muhammad ﷺ

03

Your child will learn

- The Prophet ﷺ was born in Makkah
- He is the last messenger, sent to all people
- We love him and follow his Sunnah

Three short lessons (10–15 minutes each)

LESSON 1

Born in Makkah

He was an orphan, honest and trusted (al-Amīn) before he became a prophet.

LESSON 2

The first revelation

Jibrīl came to him in the Cave of Hira with "Iqra'" (al-Bukhari 3).

LESSON 3

Following the Sunnah

We say ﷺ when we hear his name and follow how he ate, slept and spoke.

Activities

- [ ] Make a simple timeline: Makkah → Cave of Hira → Hijrah → Madinah
- [ ] Learn to say ṣallallāhu ʻalayhi wa sallam
- [ ] Find Makkah and Madinah on a map

Qur'an goal

Surah Al-Kawthar

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ إِنَّا أَعْطَيْنَاكَ ...

Dua of the week

AFTER WUDU

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu an lā ilāha illallāhu waḥdahu lā sharīka lah, wa ash-hadu anna Muḥammadan ʻabduhu wa rasūluh

I bear witness that none has the right to be worshipped except Allah, alone, without partner, and I bear witness that Muhammad is His servant and Messenger.

When you finish wudu — the eight gates of Paradise are opened · Muslim 234

- [ ] Lessons done
- [ ] Activities done
- [ ] Dua learned
- [ ] Qur'an goal

WEEK 4 · AQEEDAH / FIQH

The five pillars of Islam

04

Your child will learn

- Name the five pillars
- Understand each pillar in simple words
- Islam is built on them (al-Bukhari 8)

Three short lessons (10–15 minutes each)

LESSON 1

The Shahadah and Salah

We say it and live by it; we pray five times a day.

LESSON 2

Zakah and Sawm

Giving part of our wealth to those in need; fasting in Ramadan.

LESSON 3

Hajj

The journey to the Ka'bah, once in a lifetime for those who are able.

Activities

- [ ] Build a 'house of Islam' with five pillars from paper rolls
- [ ] Quiz game: name the five pillars
- [ ] Colour the pillars as you learn each one

Qur'an goal

Surah An-Nas

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ قُلْ أَعُوذُ ...

Dua of the week

WHEN WORRIED

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Ḥasbunallāhu wa niʿmal-wakīl

Allah is sufficient for us, and He is the best Disposer of affairs.

Said by Ibrahim (عليه السلام) when thrown into the fire, and by the Prophet ﷺ and the believers · Al Imran 3:173 · al-Bukhari 4563

- [ ] Lessons done
- [ ] Activities done
- [ ] Dua learned
- [ ] Qur'an goal

WEEK 5 · FIQH

Learning to pray

05

Your child will learn

- Allah commanded the prayer
- The five prayers and their times
- The steps and words of salah

Three short lessons (10–15 minutes each)

LESSON 1

Why we pray

Salah is the first deed we will be asked about (at-Tirmidhi 413).

LESSON 2

Five prayers, five times

Fajr, Dhuhr, ‘Asr, Maghrib, ‘Isha — look at the sky at each time.

LESSON 3

The steps

Standing, bowing, standing, prostrating, sitting. Use the Salah Journey words page.

Activities

- [ ] Pray together, the parent leading and saying each step
- [ ] Match each prayer to the sun’s place in the sky
- [ ] Make a prayer-time chart for the fridge

Qur’an goal

Surah Al-Falaq

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ قُلْ أَعُوذُ ...

Dua of the week

ENTERING THE MASJID

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

Allāhummaftaḥ lī abwāba raḥmatik

O Allah, open for me the doors of Your mercy.

When entering the masjid (step in with the right foot) · Muslim 713

- [ ] Lessons done
- [ ] Activities done
- [ ] Dua learned
- [ ] Qur’an goal

WEEK 6 · FIQH

Purity and wudu

06

Your child will learn

- Islam loves cleanliness
- The steps of wudu in order
- When we need wudu

Three short lessons (10–15 minutes each)

LESSON 1

Allah loves the pure

"Allah loves those who repent and loves those who purify themselves" (Al-Baqarah 2:222).

LESSON 2

Wudu step by step

Begin with Bismillah and follow the Wudu Chart.

LESSON 3

When do we make wudu?

Before salah, and after using the toilet, passing wind or deep sleep.

Activities

- [ ] Practise wudu together at the sink
- [ ] Put the wudu step cards in order
- [ ] Make a wudu checklist card for the bathroom

Qur'an goal

Surah Al-Ikhlas (review)

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ قُلْ هُوَ …

Dua of the week

AFTER WUDU

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu an lā ilāha illallāhu waḥdahu lā sharīka lah, wa ash-hadu anna Muḥammadan ʿabduhu wa rasūluh

I bear witness that none has the right to be worshipped except Allah, alone, without partner, and I bear witness that Muhammad is His servant and Messenger.

When you finish wudu — the eight gates of Paradise are opened · Muslim 234

- [ ] Lessons done
- [ ] Activities done
- [ ] Dua learned
- [ ] Qur'an goal

WEEK 7 · MANNERS

Good manners (adab)

07

Your child will learn

- Greeting with salam
- Manners of eating and drinking
- Speaking kindly and truthfully

Three short lessons (10–15 minutes each)

LESSON 1

Spread the salam

"You will not enter Paradise until you believe, and you will not believe until you love one another...: spread the salam" (Muslim 54).

LESSON 2

Eating like the Prophet ﷺ

Say Bismillah, eat with the right hand, eat from what is in front of you (al-Bukhari 5376).

LESSON 3

Truth and kind words

"A good word is charity" (al-Bukhari 2989).

Activities

- [ ] Practise greeting each family member with salam
- [ ] Table manners game: who remembers Bismillah?
- [ ] Make a 'good words' jar and add a kind word each day

Qur'an goal

Surah Al-'Asr

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ وَالْعَصْرِ ...

Dua of the week

BEFORE EATING

بِسْمِ اللَّهِ

Bismillāh

In the name of Allah.

Before eating or drinking. Eat with your right hand, from what is in front of you. · al-Bukhari 5376, Muslim 2022

- [ ] Lessons done
- [ ] Activities done
- [ ] Dua learned
- [ ] Qur'an goal

WEEK 8 · MANNERS

Kindness and helping others

08

Your child will learn

- Kindness is loved by Allah
- Being good to parents and family
- Mercy to all of Allah's creation

Three short lessons (10–15 minutes each)

LESSON 1

Allah is Gentle

"Allah is Gentle and loves gentleness" (Muslim 2593).

LESSON 2

Parents first

"Your Lord has decreed that you worship none but Him and be good to parents" (Al-Isra 17:23).

LESSON 3

Mercy to creation

"Those who show mercy are shown mercy by Ar-Raḥmān" (Abu Dawud 4941). Be gentle with animals; never tease or hurt them.

Activities

- [ ] Kindness challenge: do three kind things today
- [ ] Help a parent with one job without being asked
- [ ] Put out water for birds on a hot day

Qur'an goal

Surah Quraysh

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ لِإِيلَافِ قُرَيْشٍ ...

Dua of the week

FOR MY PARENTS

رَبِّ ارْحَمْهُمَا كَمَا رَبَّيَانِي صَغِيرًا

Rabbir-ḥamhumā kamā rabbayānī ṣaghīrā

My Lord, have mercy on them as they raised me when I was small.

Any time — make dua for your parents · Al-Isra 17:24

- [ ] Lessons done
- [ ] Activities done
- [ ] Dua learned
- [ ] Qur'an goal

WEEK 9 · MANNERS / AQEEDAH

Gratitude (shukr)

09

Your child will learn

- All blessings come from Allah
- Thank Allah: Al-ḥamdu lillāh
- Thank people: Jazākallāhu khayrā

Three short lessons (10–15 minutes each)

LESSON 1

Count the blessings

"If you are grateful, I will surely increase you" (Ibrahim 14:7).

LESSON 2

Al-ḥamdu lillāh

We say it after eating, waking and sneezing.

LESSON 3

Thanking people

"Whoever does not thank people does not thank Allah" (Abu Dawud 4811, sahih).

Activities

- [ ] Gratitude list: write or say three blessings each day
- [ ] Practise saying Jazākallāhu khayrā
- [ ] Make a thank-you card for someone who helps you

Qur'an goal

Surah An-Nasr

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ إِذَا جَاءَ ...

Dua of the week

SAYING THANK YOU

جَزَاكَ اللَّهُ خَيْرًا

Jazākallāhu khayrā

May Allah reward you with good.

When someone does something good for you — the fullest praise · at-Tirmidhi 2035 · sahih

- [ ] Lessons done
- [ ] Activities done
- [ ] Dua learned
- [ ] Qur'an goal

WEEK 10 · QUR'AN

The Qur'an, the words of Allah

10

Your child will learn

- The Qur'an is the speech of Allah
- Jibrīl brought it to the Prophet ﷺ
- How we treat the Qur'an

Three short lessons (10–15 minutes each)

LESSON 1

Allah's words

The Qur'an is the speech of Allah, not created, and Allah has promised to preserve it (Al-Hijr 15:9).

LESSON 2

Sent down in Ramadan

It came down over 23 years through Jibrīl, beginning in Ramadan.

LESSON 3

Respect and reward

Read it in a clean place; every letter earns ten good deeds (at-Tirmidhi 2910).

Activities

- [ ] Make a bookmark for your mushaf (patterns only)
- [ ] Listen to a recitation of Al-Fatihah and follow with a finger
- [ ] Trace Arabic letters from the alphabet chart

Qur'an goal

Surah Al-Fatihah (review)

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ ...

Dua of the week

SEEKING KNOWLEDGE

اللَّهُمَّ انْفَعْنِي بِمَا عَلَّمْتَنِي، وَعَلِّمْنِي مَا يَنْفَعُنِي، وَزِدْنِي عِلْمًا

Allāhumma-nfaʿnī bimā ʿallamtanī, wa ʿallimnī mā yanfaʿunī, wa zidnī ʿilmā

O Allah, benefit me with what You have taught me, teach me what will benefit me, and increase me in knowledge.

Before or after a lesson · Ibn Majah 251, at-Tirmidhi 3599 · sahih

- [ ] Lessons done
- [ ] Activities done
- [ ] Dua learned
- [ ] Qur'an goal

WEEK 11 · SEERAH / MANNERS

The masjid, the house of Allah

11

Your child will learn

- The masjid is a place for worship
- Manners of the masjid
- Praying together in congregation

Three short lessons (10–15 minutes each)

LESSON 1

What is a masjid?

A place to pray, remember Allah and learn. The first house of worship is the Ka'bah (Al Imran 3:96).

LESSON 2

Three special masjids

Al-Masjid al-Ḥarām, the Prophet's Masjid and al-Aqṣā (al-Bukhari 1189).

LESSON 3

Masjid manners

Enter with the right foot and the dua, pray two rak'ahs, keep quiet and clean (al-Bukhari 444).

Activities

- [ ] Learn the duas for entering and leaving the masjid
- [ ] Visit a masjid with the family
- [ ] Build a masjid from blocks or boxes

Qur'an goal

Surah Al-Ma'un

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ أَرَأَيْتَ الَّذِي ...

Dua of the week

ENTERING THE MASJID

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

Allāhummaftaḥ lī abwāba raḥmatik

O Allah, open for me the doors of Your mercy.

When entering the masjid (step in with the right foot) · Muslim 713

- [ ] Lessons done
- [ ] Activities done
- [ ] Dua learned
- [ ] Qur'an goal

WEEK 12 · REVIEW

Review and celebration

12

Your child will learn

- Review tawheed, the Prophet ﷺ, the pillars and manners
- Show what we have learned
- Plan what to learn next

Three short lessons (10–15 minutes each)

LESSON 1

Review: Aqeedah

Allah is One; worship Him alone; His Names.

LESSON 2

Review: the Prophet ﷺ and the pillars

Timeline and the five pillars quiz.

LESSON 3

Review: manners

Salam, eating manners, kindness and gratitude.

Activities

- [ ] Quiz game with questions from every week
- [ ] Make a ‘What I learned’ booklet
- [ ] Recite your surahs to the family and receive your certificate

Qur’an goal

Review all surahs
Recite every surah from weeks 1–11 to a parent.

Dua of the week

SEEKING KNOWLEDGE

رَبِّ زِدْنِي عِلْمًا

Rabbi zidnī ʿilmā

My Lord, increase me in knowledge.

Before learning or studying · Ta-Ha 20:114

- [ ] Lessons done
- [ ] Activities done
- [ ] Dua learned
- [ ] Qur’an goal

SalafiMom

Certificate of Completion

This is to certify that

_____

has completed

The 12-Week Islamic Studies Curriculum

Tawheed · Our Prophet ﷺ · The Pillars · Salah & Wudu · Manners · The Qur'an

بَارَكَ اللَّهُ فِيكَ وَزَادَكَ عِلْمًا

_____ Date

_____ Parent / teacher