SalafiMom

A 12-WEEK PROGRAM FOR AGES 4–8

# Islamic Homeschool Starter Kit

Simple, practical lessons to build your child's foundation in Islam — one week at a time.



بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ

INSIDE THIS KIT

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**For parents:** This guide is designed to be flexible. Follow the weeks in order, or skip to what your child needs most. Each week takes 15–30 minutes daily. The goal is consistency, not perfection.

START HERE

# How to Use This Guide

## Your weekly rhythm

Each week follows the same simple pattern:

MONDAY

### Learn

Read the story or concept together. Keep it short (5 min).

TUESDAY – THURSDAY

### Practise

Do the daily activity: colouring, tracing, or discussion.

FRIDAY

### Review

Recap what was learned. Ask your child to teach you.

WEEKEND

### Apply

Look for real-life moments to practise the lesson.

## What you'll need

- [ ] Crayons or coloured pencils
- [ ] Scissors (child-safe)
- [ ] Glue stick
- [ ] This printed kit
- [ ] A quiet time (after salah works well)

**Good habit:** Start each lesson with "Bismillah" and end with "Alhamdulillah." This builds the habit of beginning and ending with Allah's name.

TICK A BOX EACH DAY YOU DO THE LESSON

# Weekly Progress Tracker

| Week | Topic | Mon | Tue | Wed | Thu | Fri | Done |
|---|---|---|---|---|---|---|---|
| 1 | Aqeedah | ☐ | ☐ | ☐ | ☐ | ☐ | ☆ |
| 2 | Aqeedah | ☐ | ☐ | ☐ | ☐ | ☐ | ☆ |
| 3 | Salah | ☐ | ☐ | ☐ | ☐ | ☐ | ☆ |
| 4 | Salah | ☐ | ☐ | ☐ | ☐ | ☐ | ☆ |
| 5 | Manners | ☐ | ☐ | ☐ | ☐ | ☐ | ☆ |
| 6 | Manners | ☐ | ☐ | ☐ | ☐ | ☐ | ☆ |
| 7 | Quran | ☐ | ☐ | ☐ | ☐ | ☐ | ☆ |
| 8 | Quran | ☐ | ☐ | ☐ | ☐ | ☐ | ☆ |
| 9 | Calendar | ☐ | ☐ | ☐ | ☐ | ☐ | ☆ |
| 10 | Calendar | ☐ | ☐ | ☐ | ☐ | ☐ | ☆ |
| 11 | Kindness | ☐ | ☐ | ☐ | ☐ | ☐ | ☆ |
| 12 | Kindness | ☐ | ☐ | ☐ | ☐ | ☐ | ☆ |

Colour the star when the week is complete. Two weeks make one unit.

**Our reward for finishing**

_____

**Started on**

_____

Weeks 1–2

# Aqeedah — Allah is One

01

## What your child will learn

- Allah is One — He has no partners
- Allah created everything — the sky, the earth, the animals, me!
- We worship Allah alone
- Prophet Muhammad ﷺ is Allah's final messenger

## WEEK 1 Allah is One

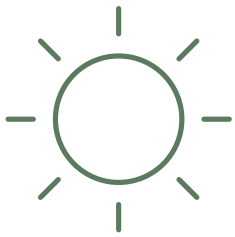
STORY TIME · 5 MINUTES · READ TOGETHER

> **"Allah is the One who created the sky and the earth. He created the birds that fly, the fish that swim, and He created YOU. Allah sees everything, hears everything, and knows everything. There is nothing like Allah."**

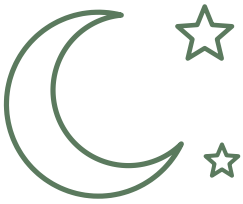
**Talk about:** What did Allah create that you love?

### ACTIVITY My Creation Collage

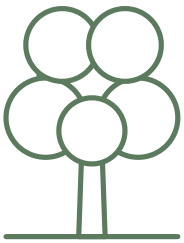
Colour these things Allah created. You can also glue in pictures of the sky, the sea, flowers or fruit.



The sun



The moon



A tree

Allah created _____ and I love it because _____

**Parent tip:** Ask your child: "If Allah created everything, who should we say thank you to?" Listen to their answer without correcting — just guide gently.

## WEEK 2 Prophet Muhammad ﷺ

STORY TIME · 5 MINUTES · READ TOGETHER

> **"Prophet Muhammad ﷺ was a kind man who told people about Allah. He was gentle with children, kind to animals, and honest in everything he did. He is the last prophet — after him, no more prophets will come."**

**Talk about:** How can we be like Prophet Muhammad ﷺ?

### ACTIVITY Kind Like the Prophet ﷺ

Each time you do one of these kind things this week, colour its star.

- ☐ Helped at home without being asked
- ☐ Shared something with my brother or sister
- ☐ Said a kind word to someone
- ☐ Smiled and said salam
- ☐ Was gentle with someone smaller
- ☐ Told the truth

I can be kind like the Prophet ﷺ by _____

**DUA TO LEARN**

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

*Rabbana atina fid-dunya hasanatan wa fil-akhirati hasanatan wa qina 'adhaban-nar*

Our Lord, give us good in this world and good in the Hereafter, and protect us from the Fire.

Al-Baqarah 2:201 · Bukhari 6389

Weeks 3–4

# Salah — My Daily Prayers

02

### What your child will learn

- Muslims pray 5 times a day
- Wudu (ablution) before salah
- The names of the 5 daily prayers
- Standing, bowing, prostrating

## WEEK 3 The 5 Daily Prayers

STORY TIME · 5 MINUTES · READ TOGETHER

> "Allah loves to hear from us. Five times every day, we stop what we're doing and pray. It's like a phone call to Allah — we talk to Him, and He listens. The five prayers are: Fajr (morning), Dhuhr (midday), Asr (afternoon), Maghrib (sunset), and Isha (night)."

### Prayer Times Chart

| | Prayer | Arabic | When | Rak'ah | My time |
|---|---|---|---|---|---|
| | **Fajr** | الفجر | Morning | 2 | _____ |
| | **Dhuhr** | الظهر | Midday | 4 | _____ |
| | **Asr** | العصر | Afternoon | 4 | _____ |
| | **Maghrib** | المغرب | Sunset | 3 | _____ |
| | **Isha** | العشاء | Night | 4 | _____ |

ACTIVITY

### Salah Steps

Write a number in each box to put the steps of salah in order, then write them out in order.

- ☐ Sujud (prostration)
- ☐ Takbir (Allahu Akbar)
- ☐ Quran recitation
- ☐ Ruku (bowing)
- ☐ Qa'dah (sitting)
- ☐ Taslim (salaam)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

# WEEK 4 Wudu (Ablution)

STORY TIME · 5 MINUTES · READ TOGETHER

> **"Before we pray, we wash ourselves to be clean for Allah. This is called wudu. We wash our hands, mouth, nose, face, arms, head, and feet. It's like getting ready to meet a king — but Allah is the King of all kings!"**

## Wudu Steps

1. Say "Bismillah"
2. Wash hands 3×
3. Rinse mouth 3×
4. Clean nose 3×
5. Wash face 3×
6. Wash arms to elbows 3×
7. Wipe head once
8. Wipe ears once
9. Wash feet 3×

## ACTIVITY Wudu Water Drops

Make wudu with Mum or Dad. Colour one drop for every step you remember — the numbers match the Wudu Steps.

| | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| **Mon** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| **Tue** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| **Wed** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| **Thu** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| **Fri** | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |

BEFORE WUDU

بِسْمِ اللَّهِ

*Bismillah*

In the name of Allah.

Abu Dawud 101 · sahih (al-Albani)

**Parent tip:** Let your child try wudu with you after salah. Guide their hands gently — make it a fun ritual, not a test.

Weeks 5–6

# Good Manners — Adab

03

## What your child will learn

- Saying “please,” “thank you,” “sorry,” “excuse me”
- Greeting with “Assalamu Alaikum”
- Being gentle with others
- Eating and drinking with the right hand

## WEEK 5 Kind Words

STORY TIME · 5 MINUTES · READ TOGETHER

> “Prophet Muhammad ﷺ had the best manners. He taught us: ‘Whoever does not thank people has not thanked Allah.’ When we want something, we ask nicely with ‘please.’ When someone helps us, we say ‘JazakAllahu khairan’ or ‘thank you.’ When we make a mistake, we say ‘sorry.’ A good word is a charity!”

### ACTIVITY Match the Word to the Situation

Word bank: **Thank you** · **Sorry** · **Please** · **Assalamu Alaikum** · **Alhamdulillah**

| Situation | What to say |
|---|---|
| Someone gives you a gift | _____ |
| You bump into someone | _____ |
| You want to borrow a toy | _____ |
| You see a friend | _____ |
| You finish eating | _____ |

We say _____ when someone shares with us. _____

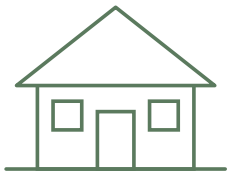
# WEEK 6 Assalamu Alaikum

STORY TIME · 5 MINUTES · READ TOGETHER

> "Assalamu Alaikum means 'Peace be upon you.' Allah calls it "a greeting from Allah, blessed and good" (An-Nur 24:61), and Prophet Muhammad ﷺ told us to spread salam. When we say it, we ask Allah to send peace to the other person. We say it when we meet someone, enter a room, or see a friend."

## ACTIVITY Where Do I Say Salam?

Colour each place. Every time you say "Assalamu Alaikum" there this week, write who you greeted.



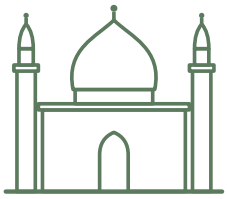
**At home**

I said salam to: _____



**At school**

I said salam to: _____



**At the mosque**

I said salam to: _____

## ACTIVITY Kind Words Colouring

Colour in each kind word from Week 5, then say it out loud.

| | |
|---|---|
| Please | Thank you |
| Sorry | JazakAllahu khairam |

DUA TO LEARN

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

*Assalamu Alaikum wa Rahmatullah*

Peace and mercy of Allah be upon you.

Abu Dawud 5195, Tirmidhi 2689 · sahih

Weeks 7–8

# Quran & Surah Al-Fatiha

04

## What your child will learn

- The Quran is Allah's book — special and holy
- We read Quran with respect (wudu, clean place)
- Surah Al-Fatiha — the opening chapter
- Reciting it in every salah

## WEEK 7 The Quran

STORY TIME · 5 MINUTES · READ TOGETHER

> "The Quran is Allah's book — the most special book in the world. It was revealed to Prophet Muhammad ﷺ through Angel Jibreel. There are 114 chapters (surahs) and every word is from Allah. We read it with wudu, in a clean place, and with a quiet heart."

### ACTIVITY Quran Tracker

Colour one star each time you listen to or read Quran this week.



Mon Tue Wed Thu Fri Sat Sun

### Before I open the Quran

- [ ] I have wudu
- [ ] I am in a clean place
- [ ] My heart is quiet and ready to listen

# WEEK 8 Surah Al-Fatiha

STORY TIME · 5 MINUTES · READ TOGETHER

> "Al-Fatiha means 'The Opening.' It's the first surah in the Quran and we say it in every salah. It has 7 verses. It's like a special key that opens every prayer."

SURAH AL-FATIHA

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ ١
الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ٢
الرَّحْمَٰنِ الرَّحِيمِ ٣
مَالِكِ يَوْمِ الدِّينِ ٤
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ٥
اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ٦
صِرَاطَ الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ٧

## ACTIVITY Verse Match

Draw a line from each verse number to its meaning. Use the numbered surah above to help you.

| | |
|---|---|
| **Verse 1** ● | ● a. We worship You alone |
| **Verse 2** ● | ● b. All praise is for Allah |
| **Verse 4** ● | ● c. Master of the Day of Judgement |
| **Verse 5** ● | ● d. In the name of Allah |

Answers for parents: Verse 1 – d · Verse 2 – b · Verse 4 – c · Verse 5 – a

**Parent tip:** Play a recitation of Al-Fatiha during car rides or meal times. Repetition is key — children learn by hearing.

Weeks 9–10

# Islamic Calendar & Eid

05

### What your child will learn

- Muslims have their own calendar
- 12 months with special names
- Ramadan — month of fasting
- Eid al-Fitr and Eid al-Adha

## WEEK 9 The Islamic Months

STORY TIME · 5 MINUTES · READ TOGETHER

> "Muslims follow a special calendar. It has 12 months, just like the one on the wall. But our months start when the moon is new! The most special month is Ramadan, when we fast for Allah."

### The 12 Islamic Months

| # | Arabic | English | Good to know |
|---|---|---|---|
| 1 | مُحَرَّم | **Muharram** | First month · a sacred month |
| 2 | صَفَر | **Safar** | |
| 3 | رَبِيع الأَوَّل | **Rabi al-Awwal** | |
| 4 | رَبِيع الثَّانِي | **Rabi al-Thani** | |
| 5 | جُمَادَى الأُولَى | **Jumada al-Ula** | |
| 6 | جُمَادَى الآخِرَة | **Jumada al-Akhirah** | |
| 7 | رَجَب | **Rajab** | A sacred month |
| 8 | شَعْبَان | **Sha'ban** | The month before Ramadan |
| 9 | رَمَضَان | **Ramadan** | Month of fasting |
| 10 | شَوَّال | **Shawwal** | Eid al-Fitr |
| 11 | ذُو القَعْدَة | **Dhul Qi'dah** | A sacred month |
| 12 | ذُو الحِجَّة | **Dhul Hijjah** | Sacred month · Hajj · Eid al-Adha |

WEEK 10

# Ramadan & Eid

## ACTIVITY Ramadan Calendar

Colour one star for each day of Ramadan you fast or do good deeds.

| | | | | | |
|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 |

DUA FOR BREAKING FAST

ذَهَبَ الظَّمَأُ وَابْتَلَّتِ الْعُرُوقُ وَثَبَتَ الْأَجْرُ إِنْ شَاءَ اللَّهُ

*Dhahabaẓ-ẓama'u wabtallatil-'urūqu wa thabatal-ajru in sha Allah*

The thirst has gone, the veins are moistened, and the reward is confirmed, if Allah wills.

Said after breaking the fast · Abu Dawud 2357 · hasan

### My Eid plan

Something kind I will do for my family on Eid:

Weeks 11–12

# Kindness & Good Deeds

06

### What your child will learn

- Every good deed is rewarded by Allah
- Being kind to family, friends, and animals
- Sharing, helping, and saying kind words
- The reward of good deeds outweighs bad

## WEEK 11 Good Deeds Every Day

STORY TIME · 5 MINUTES · READ TOGETHER

> "Prophet Muhammad ﷺ said: 'Every good deed is a charity.' Even smiling at someone is a good deed! Helping your mum, sharing your food, saying something kind — all of these are worship, and Allah rewards every single one."

### ACTIVITY Good Deeds Tracker

Colour a circle each day you do the good deed.

| Good deed | Mon | Tue | Wed | Thu | Fri |
|---|---|---|---|---|---|
| Said "Assalamu Alaikum" | ○ | ○ | ○ | ○ | ○ |
| Helped someone | ○ | ○ | ○ | ○ | ○ |
| Shared something | ○ | ○ | ○ | ○ | ○ |
| Said "JazakAllahu Khairan" | ○ | ○ | ○ | ○ | ○ |
| Read Quran | ○ | ○ | ○ | ○ | ○ |
| Made dua for someone | ○ | ○ | ○ | ○ | ○ |

My favourite good deed this week was _____

# WEEK 12 Kindness to Animals

STORY TIME · 5 MINUTES · READ TOGETHER

> "Prophet Muhammad ﷺ was very kind to animals. He told us that a woman was forgiven by Allah because she gave water to a thirsty dog. Even giving a bird water is a good deed! We should never hurt any animal."

## ACTIVITY Kind to Animals

Tick each kind thing you do this week. Then colour the water bowl — a reminder of the story!

- [ ] Put out a bowl of water on a hot day
- [ ] Never hurt, chase or tease an animal
- [ ] Help feed a hungry animal (ask a grown-up first)
- [ ] Be gentle and quiet near animals
- [ ] Tell a grown-up if an animal is hurt



Water for the thirsty

I can be kind to animals by _____

DUA TO LEARN

اللَّهُمَّ أَصْلِحْ لِي دِينِيَ الَّذِي هُوَ عِصْمَةُ أَمْرِي، وَأَصْلِحْ لِي دُنْيَايَ الَّتِي فِيهَا مَعَاشِي

*Allahumma aslih li dini alladhi huwa 'ismatu amri, wa aslih li dunyaya allati fiha ma'ashi*

O Allah, set right for me my religion, which is the safeguard of my affairs, and set right for me my worldly life, in which is my living.

Opening of the dua in Sahih Muslim 2720

ACTIVITY PAGE · ARABIC LETTER TRACING

# Tracing: Alif ا

Alif is a straight line, like the number 1! Start on the right. Trace the grey letters, then write your own on the last line.



أَسْمَاء

WORD

**Asma** — a name meaning “names”

## Letter hunt

Find the letter ا in your Quran or a book. How many did you find? _____

ACTIVITY PAGE · ARABIC LETTER TRACING

# Tracing: Ba ب

Ba is like a boat with a dot underneath! Start on the right. Trace the grey letters, then write your own on the last line.

ب ب ب ب ب ب

ب ب ب ب ب ب

ب ب ب

ب

بَسْمَة

WORD

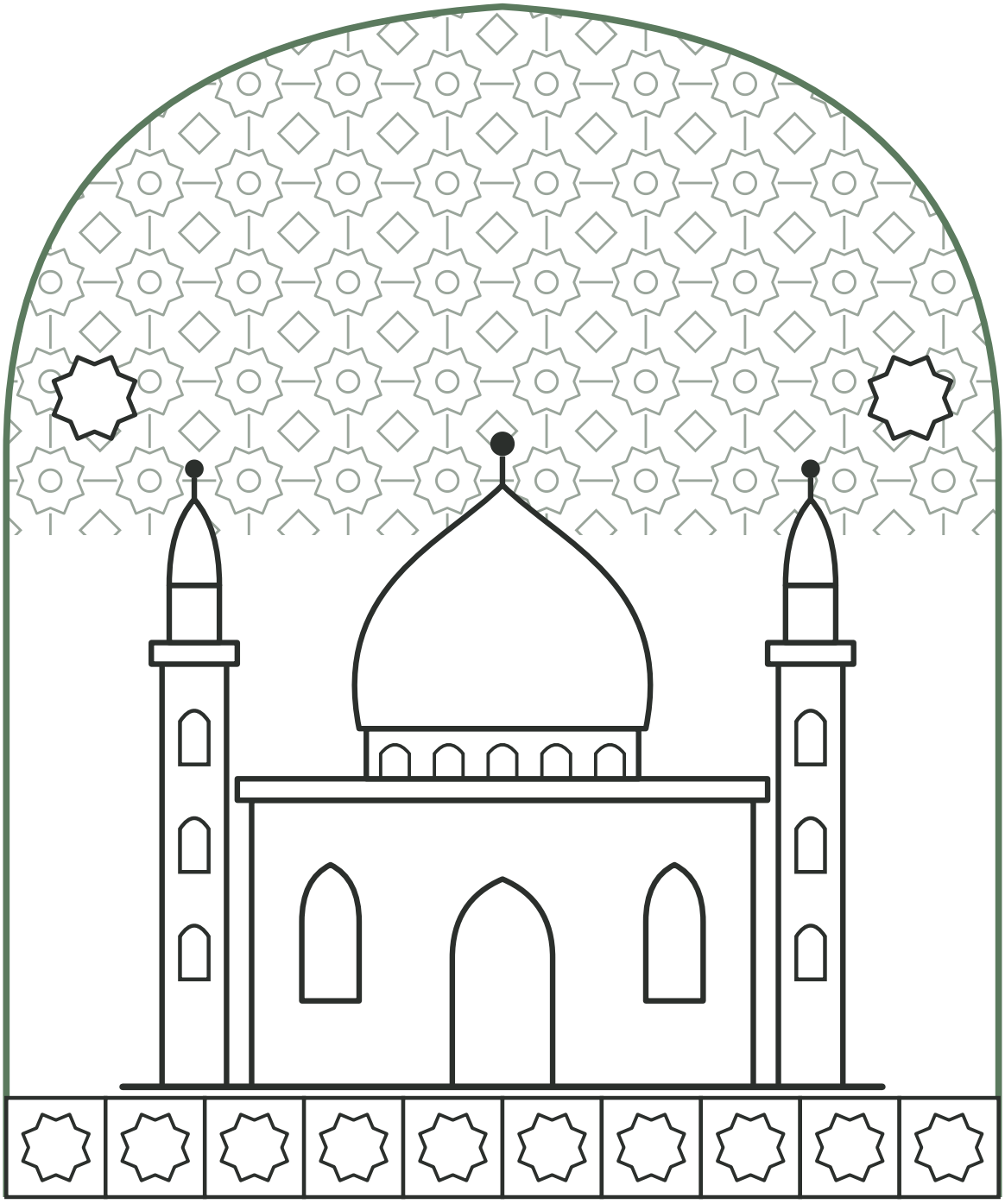
**Basma** — a name meaning “smile”

## Letter hunt

Find the letter ب in your Quran or a book. How many did you find? _____

ACTIVITY PAGE · COLOURING

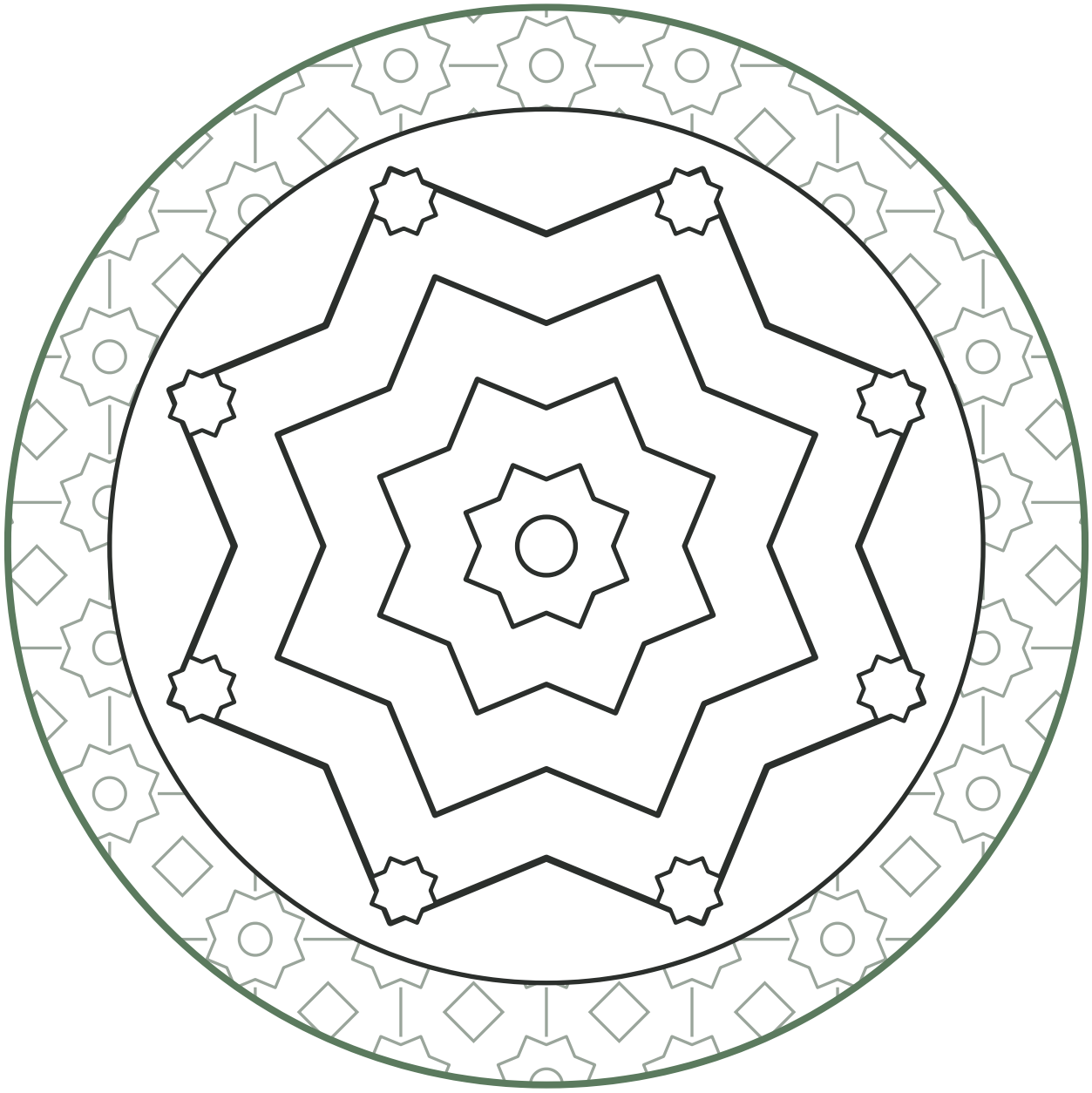
# Colour the Mosque



Colour this mosque and add your own decorations to the tiles and stars.

ACTIVITY PAGE · COLOURING

# The Eight-Point Star



Colour each ring of the star in a different colour, then colour the pattern around it.

ACTIVITY PAGE

# My Dua Book

**Write your favourite dua here:**

When I say this dua, I feel _____

**I say this dua when...**

APPENDIX

# Common Duas

These are duas your child can memorise and use every day.

### BEFORE EATING

بِسْمِ اللَّهِ

1

*Bismillah*

In the name of Allah. If you forget at the start, say: Bismillahi awwalahu wa akhirahu (In the name of Allah, at its beginning and its end).

**Bukhari 5376, Muslim 2022 · Abu Dawud 3767, Tirmidhi 1858 · sahih**

Memorised ☐

### AFTER EATING

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ

2

*Alhamdulillahilladhi at'amani hadha wa razaqanihi min ghayri hawlin minni wa la quwwah*

All praise is for Allah who fed me this and provided it for me without any power or strength from me.

**Tirmidhi 3458, Abu Dawud 4023 · hasan**

Memorised ☐

### ENTERING THE MOSQUE

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

3

*Allahummaf-tah li abwaba rahmatik*

O Allah, open for me the doors of Your mercy.

**Muslim 713**

Memorised ☐

### LEAVING THE MOSQUE

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

4

*Allahumma inni as'aluka min fadlik*

O Allah, I ask You from Your bounty.

**Muslim 713**

Memorised ☐

APPENDIX · CONTINUED

# Common Duas

BEFORE SLEEPING

بِاسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا

5 *Bismika Allahumma amutu wa ahya*
In Your name, O Allah, I die and I live.
Bukhari 6324
Memorised ☐

WAKING UP

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

6 *Alhamdulillahilladhi ahyana ba'da ma amatana wa ilayhin-nushur*
All praise is for Allah who gave us life after causing us to die, and to Him is the return.
Bukhari 6312
Memorised ☐

WHEN LEAVING HOME

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

7 *Bismillahi tawakkaltu 'alallahi, la hawla wa la quwwata illa billah*
In the name of Allah, I place my trust in Allah; there is no power or strength except with Allah.
Abu Dawud 5095, Tirmidhi 3426 · sahih
Memorised ☐

WHEN ENTERING HOME

بِسْمِ اللَّهِ

8 *Bismillah — then say salam to those inside*
In the name of Allah. Mentioning Allah on entering keeps Shaytan out of the home.
Muslim 2018 · salam: An-Nur 24:61
Memorised ☐

SalafiMom

# Certificate of Completion

This is to certify that

_____

has successfully completed

## The Islamic Homeschool Starter Kit

**A 12-Week Program for Ages 4–8**

May Allah bless you and increase you in knowledge.

بَارَكَ اللَّهُ فِيكَ

_____ _____

Date Parent's signature

# SalafiMom

Practical Islamic resources
for Muslim mothers

| | |
|---|---|
| Website | **salafimom.com** |
| Free printables | **salafimom.com/products?filter=free** |
| Interactive tools | **salafimom.com/tools** |

جَزَاكُمُ اللَّهُ خَيْرًا

May Allah reward you with goodness

