

Dua of the Day

دعاء اليوم

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillāhi r-raḥmāni r-raḥīm

In the name of Allah, the Most Gracious, the
Most Merciful

*When: Before eating, before reading, before starting
anything*

اللَّهُمَّ بَارِكْ لَنَا فِيْمَا رَزَقْتَنَا

Allāhumma bārik lanā fīmā razaqtanā

O Allah, bless us in what You have provided for
us

When: After eating

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

Subḥānallāhi wa biḥamdihi

Glory be to Allah and praise be to Him

When: Said 100 times — a day's sins are forgiven

اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا
كَثِيرًا وَلَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

Allāhumma innī ḡalamtu nafsī ḡulman kathīran
wa lā yaghfiru adh-dhūba illā ant

O Allah, I have wronged myself greatly, and no
one forgives sins except You

When: When you make a mistake

اللَّهُمَّ عَافِنِي فِي بَدَنِي، اللَّهُمَّ
عَافِنِي فِي سَمْعِي، اللَّهُمَّ عَافِنِي
فِي بَصَرِي

Allāhumma āfinī fī badanī, Allāhumma āfinī fī
samī, Allāhumma āfinī fī baṣarī

O Allah, grant me health in my body, in my
hearing, in my sight

When: Morning and evening dua

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Ḥasbunallāhu wa ni'mal wakīl

Allah is sufficient for us and the best disposer of
affairs

When: When you feel worried